



**Please liaise
with
Ruth Hubbard
re bookings &
paperwork:**

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Canoe Adventure

Go on a canoeing adventure from a beautiful river-side base-camp next; learn to paddle an open canoe from one of the country's top coaches; go on a journey along the Thames; build canoe rafts; improvise shelters; play canoe games and perhaps join a pirate crew

Wednesday 16th July

10am to 3pm

£35 per child (bring a packed lunch)

Places will be limited to TWELVE children only. The day will be suitable for children aged 9 years and over. Buoyancy aids will be provided.

Jed Yarnold will be well-known to any Bear Dog regular. Jed also runs True North Outdoor, a business specialising in providing canoe coaching and expeditions for all ages. He is one of the country's top canoe coaches, qualified to level 4

07904 144546

www.truenorthoutdoor.co.uk

